

# The Romanian Aid Foundation

Giving 'Joy in a Box' at Christmas



**Please wrap your box and its lid separately!**  
All boxes have to be inspected prior to distribution

Tick the intended age group and gender for your box

Ages	0-2	3-4	5-7	8-11	12-14	15-18	Adult
Male							
Female							

## GIFT BOX CONTENTS

Indicate your box contents, writing in others if necessary.

Ensure the contents are suitable for the age group shown!

Toothpaste, tooth brush	Pens, pencils, markers
Hairbrush, comb, hair slides	Notebook, stationery, diary
Sweets, chocolates	Soap, shampoo, shower gel
Coffee, fruit or herb tea	Face flannel, sponge, bag
Skipping rope, ball, skittles	Doll, doll's clothes, soft toy
Toy car, truck, plane, boat	Playing cards, dominoes
Cosmetics, toiletries, mirror	Writing paper, envelopes
Plasters, antiseptic, wet-wipes	
Vitamins, cereal bars, snacks	
Purse, wallet, scarf, gloves, hat	
Nail scissors, clippers, file	
Christmas decorations, cards	

**Remember...** 'best before' dates must be valid until next April

NO meat or fish products	X	NO prescription medicines	X
NO money	X	NO alcohol, tobacco, matches	X
NO out-of-date items	X	NO large items of clothing	X
NO books or games which require a knowledge of English	X		



## TRANSPORT CONTRIBUTION

**Tape this form and a £1 coin to the OUTSIDE of the lid of your box**

Unsecured forms get lost and delay distribution.  
Coins left inside the box are of no value in Romania.

**Finally, close your box with two stout rubber bands**

UK Registered Charity 1060828

[www.roat.org](http://www.roat.org)

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## **The Romanian Aid Foundation**

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### **Preparation Instructions**

Take a medium size shoebox and cover it with decorative paper. Please cover the lid separately so that the box can be opened without damage.

Collect some gifts suitable for one of the following groups:

Gender: male / female

Ages: 0-2 / 3-4 / 5-7 / 8-11 / 12-14 / 15-18 / adult.

Have a look at our contents list for ideas or add one of your own. Please ensure that the contents are suitable for your chosen age group and gender. Check the prohibited items list, and remember that all expiry dates must be later than next April.

Pack the items with a bit of padding inside the box, ensuring that any soap, cosmetics and any other liquids are in separate plastic bags in case of leaks.

You may include a Christmas card, a letter or photo - our team can translate your greetings. If you are preparing a family box then a picture of your family would be appreciated.

Fix a copy of the contents list to the OUTSIDE of the lid of your box, using sticky tape. Boxes without labels disrupt the distribution process.

Mark the label to show the chosen age group and gender, and add a £1 coin as a contribution to the cost of transport and distribution. Coins left inside boxes are of no value in Romania.

Please do not seal your box; use rubber bands or a ribbon without bows because all boxes need to be inspected prior to distribution. Avoid using pre-made bows and other trimmings - they don't survive the journey - but hand-tied bows are fine.

Take your box to your local co-ordinator who will arrange for it to start on its journey to Romania. Be sure not to miss the last collection date, although we do distribute late boxes at Easter.

For further information please email us at [info.roaf.org](mailto:info.roaf.org) or contact your local co-ordinator.

*Thank you for your generosity!*



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